

**\$3.00 Suggested Donation**

# November 2021

Please call 625-6790, at least  
24 hours in advance, to order

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Chicken Noodle Soup <b>Kielbasa w/mustard</b> Boiled Potato's Carrot and Cabbage Blend Brownie Rye Bread Kielbasa on Roll w/mustard	<b>2</b> Vegetable Soup <b>BBQ Chicken Breast</b> Baked Beans Cole Slaw Sliced Peaches Multi Grain Bread BBQ Chicken on Multi Grain	<b>3</b> Kale and Bean Soup <b>Meatballs w/ Marinara Sauce</b> Seasoned Pasta Roasted Peppers and Onions Fruit Cup Italian Bread Meatball Grinder on Roll	<b>4</b> Clear Chowder <b>Country Crisp Fish w/ tartar sauce</b> Wild Rice Mixed Vegetables Graham Crackers Dinner Roll Country Crisp Fish on Roll w/ tartar sauce	<b>5</b> Onion Soup <b>Meatloaf w/ Brown Gravy</b> Baked Potato w/ Sour Cream Scandinavian Blend Veg. Fresh Fruit Hearty County White Bread Meatloaf Sandwich w/ Ketchup on White Bread
<b>8</b> Turkey Vegetable Soup <b>Chicken Marsala</b> Mashed Potato Mixed Vegetable Granola Bar Wheat Dinner Roll Chicken Sandwich w/mayo on Wheat	<b>9</b> Minestrone Soup <b>Roast Beef w/ Brown Gravy</b> Oven Roasted Potato's Italian Blend Vegetables Fresh Fruit Marble Bread Roast Beef w/ Mayo on Marble	<b>10</b> Chili Soup <b>Veggie Burger</b> Au Gratin Potato's Winter Blend Vegetable Peaches Oatmeal Bread Veggie Burger on Oatmeal	<b>11</b>  <b><u>CLOSED</u></b> <b>Veterans Day</b>	<b>12</b> <b>Corn Chowder</b> <b>Seafood Salad</b> Tortellini Salad Carrot Claw Fig Bar Multi Grain Bread Seafood Salad on Multi Grain
<b>15</b> Egg Drop Soup <b>Pork Loin w/ gravy</b> Mashed Potato Mixed Vegetable Granola Bar Pumpernickel Bread Pork Sandwich on Pumpernickel w/ Barbecue sauce	<b>16</b> Escarole and Bean Soup <b>Italian Style Chicken Cutlet</b> Rice Pilaf Broccoli Florettes Mixed Fruit Italian Bread Chicken Cutlet on Italian w/mayo	<b>17</b> Tomato and Rice Soup <b>Low Sodium Hot Dog w/ mustard</b> Baked Beans Broccoli Slaw Fresh Fruit Wheat dinner roll Low Sodium Hot Dog on a Roll w/ mustard	<b>18</b> 100% Juice <b>Grilled Chicken</b> Tossed Salad w/Italian Dressing Pita Bread Lorna Doone Cookie Grilled Chicken on Roll w/ mayo	<b>19</b> Italian Wedding Soup <b>Roast Turkey w/ gravy and cranberry Sauce</b> Cornbread Stuffing Baby Whole Carrots Pie Dinner roll Turkey/stuffing and cranberry on a Bulky Roll
<b>22</b> Vegetable Soup <b>Swedish Meatballs</b> Buttered Noodles Sliced Carrots Pudding Wheat Bread Meatball grinder on Roll	<b>23</b> Lentil Soup <b>Roasted Rotisserie Chicken</b> Scalloped Potato Green Beans Cookies Oatmeal bread Grilled Chicken Sandwich on Oatmeal bread w/mayo	<b>24</b> Red Chowder <b>Crab Cake w/ tartar sauce</b> Potato Salad Cole Slaw Fresh Fruit Wheat Dinner Roll Crab Cake w/ tarter sauce on a Wheat Hamb Roll	<b>25</b>  <b><u>CLOSED</u></b> <b>Thanksgiving Day</b>	<b>26</b>  <b><u>CLOSED</u></b> <b>Thanksgiving Holiday</b>
<b>29</b> Split Pea Soup <b>Baked Ham w/ pineapple slice</b> Sweet Potato's Roasted Brussel Sprouts Peaches Rye Bread Sliced Ham on Rye w /mustard	<b>30</b> Venus Di Milo Soup <b>Pot Roast w/ gravy</b> Garlic Mashed Potato Mixed Vegetables Fresh Fruit Dinner Roll Pot Roast on a Bulky w/mayo	MENU ITEMS ARE SUBJECT TO CHANGE <b>ALL SANDWICHES COME WITH JUICE CHIPS DESSERT MILK</b>	<i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i>	<i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i>